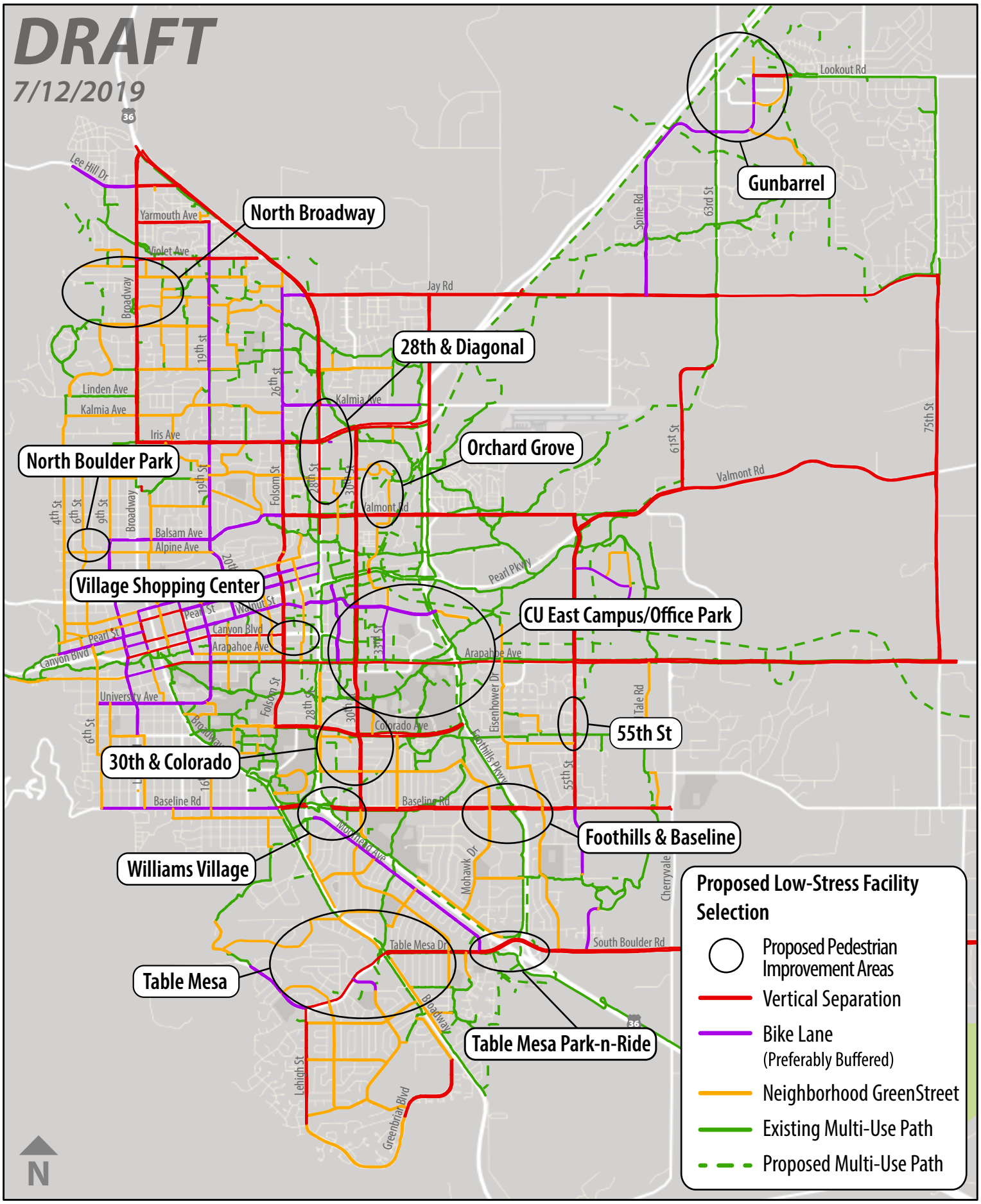The Low-Stress Walk and Bike Network Plan